

## KEY

## INSTRUCTIONS

O O O O EXTENDED WALK

WALK

JOG
EXTENDED JOG

MARKER

JUDGE

**Note**: A small ground marker is placed 6' in front of Judge. Stop at the marker to maintain social distancing from the Judge.

- 1. Begin at A. Jog. Extend the jog. Stop.
- 2. 360-degree turn.
- 3. Back.
- 4. Jog serpentine to Judge marker. Stop.
- 5. Set up.
- 6. Inspection.
- 7. When excused, 180-degree turn.
- 8. Jog. Stop.
- 9. 270-degree turn.
- 10. Extended walk, jog to A. Stop and hesitate to demonstrate completion. Pattern complete. Exit at a walk.